Body Matters
Move to Transform
August 8 - 11, 2018 | Bangalore
BODY MATTERS - MOVE TO TRANSFORM  
23 July – 8 August, 2018  
HELD ACROSS MULTIPLE LOCATIONS IN BENGALURU

Team Attakkalari is proud to bring to you the first edition of Body Matters: Move To Transform, Arts in Education festival of Attakkalari Centre for Movement Arts

Announcing the first edition of Attakkalari Centre for Movement Arts’ Arts-in-Education Festival- Body Matters: Move To Transform, we – Team Attakkalari – brings to you 3 intense weeks of performances and learnings via conferences, master classes, debates and dialogues revolving around the concept of Movement Arts and an international residency for dancers, performing artistes and stage technologists.

We are proud to showcase the graduation of the professional dance students of India’s only Diploma Programme in Movement Arts and Mixed Media, taking you through the arduous but wholesome journey that the students have wrought in their 2 years – learning moves, learning life, learning to find themselves. At the Festival, we present to you our recent acclaimed multimedia dance production Bhinna Vinyasa by the prestigious Attakkalari Dance Company. The Education Summit will deliberate the role of the body in education and the various ways to construct a positive and responsive body, with enhanced physical and mental agility and cognition. There will be a series of sessions in the summit ranging from gender, inclusivity, images and imagination, brain and neuroplasticity, digital learning and more.
Preceding the 3-day Festival will be the International Dance Camp - *Essence International* to be led by renowned international choreographers and teachers. This journey will culminate in January 2019, with the 2nd Essence International from 15 January - 31 January 2019, followed immediately by Attakkalari India Biennial from 1 - 10 February, 2019.

The Festival is organised by Attakkalari Centre for Movement Arts in partnership with Goethe Institut/Max Mueller Bhavan and supported by The Fanuc India (Pvt) Ltd., TNQ Ltd., Instituto Cervantes, Embassy of Spain in India, Italian Institute of Culture, Italian Consul General (Mumbai), InKO Centre (Chennai) and Centre for Contemporary Dance Cologne, Germany. The Arts Education Summit is organised by Attakkalari in collaboration with The Teacher Foundation with the support of The Philosophy Programme at the National Institute of Advanced Studies.

The cover illustration is inspired by DNA. The strands of DNA intertwine rhythmically showcasing a perfect synchronisation. As DNA is the invisible transcript of life, dance also forms an intrinsic part of our lives. The illustration has perfectly captured the movements of daily life through the form of a DNA. Designed by Ayushi Gupta

Picture: Rajkumar Samuel
ARTS EDUCATION SUMMIT
A Daylong Conference
8 August 2018 | 9.30 am to 4.30 pm
@National Gallery of Modern Arts (NGMA)

A one-day conference organized in collaboration with The Teacher Foundation and with the support of the Philosophy Programme at the National Institute of Advanced Studies exploring the role of the Arts in the wider education. While focusing on the role of dance and Movement Arts education as a curricular or noncurricular activity in schools and colleges as well as providing dance services to the wider community, the seminar will bring in expertise, experience and perspectives from other allied disciplines. The summit will be attended by artists from different disciplines such as dance, theatre, sports, music, film and visual arts as well as thinkers and educationists. It will open up the discourse and include multiple disciplines and stake holders of the arts as well as education. The summit will also try to bring in representations from the corporate and government sectors with their thoughts and position on the role of the arts in education and workplace. It will explore possible ways to introduce and inculcate inclusive practices in our education system and nurture diversity in class rooms in terms of social, cultural, gender-based and linguistic differences. The Summit will examine the role of the body in education and the various ways to construct a positive and responsive body that can engage with contemporary life in a fuller way. It will explore ways in which an individual, particularly a student can be helped to embody knowledge so that he/she can be fully present in his/her body rather than shying away from it.
Participation is open through registration at www.attakkalari.org
For further information please write to projects@attakkalari.org

**Speakers at the Summit:**

- **Prof. Sundar Sarukkai**, National Institute of Advanced Studies
- **Prof. Shekhar P. Seshadri**, Department of Child and Adolescent Psychiatry, NIMHANS
- **Maya Menon**, Founder-Director, The Teacher Foundation
- **Parminder Gill**, Co-founder & Head of Business Development, EduSports
- **Nina Patricia Haenel**, lecturer at the Centre for Contemporary Dance (CCD), University for Music and Dance in Cologne, Germany along with German dance artist Ronja Nadler
- **Jayachandran Palazhy**, Artistic Director, Attakkalari

*Picture: Rajkumar Samuel*
GRADUATION SHOW
9, 10 & 11 AUGUST 2018 | 6.30PM
@CHOWDIAH MEMORIAL HALL

The Education Festival proudly presents the graduation of the 2018-19 batch of the Diploma in Movement Arts and Mixed Media.

The first of its kind in India, this carefully crafted programme takes young dancers selected through audition from across India through a gruelling two years prepping them up for the stage ahead. Providing an intellectually stimulating and supportive environment, students are encouraged to evolve into creative, aware and thinking practitioners of the art of dance and dance-making. The classes range from different styles of Contemporary Dance, Ballet, Bharatanatyam, Anatomy, Healthier Dance Programme for body-conditioning and injury prevention, History of Arts and Aesthetics, and Light Design, to learning some of the rare Indian forms including enactment techniques of dance-theatre Kootiyattam, folk vocabulary from Devarattam and Silambham as well as movement idioms of Kalarippayattu and Chhau.

This unique Diploma in Movement Arts and Mixed Media constantly renews itself and updates the scope of its syllabus as also the pedagogical practices, thanks to the trainings and interventions brought by a steady stream of visiting international faculty. On the other hand, Masters of Indian physical and performance traditions bring in the invaluable physical wisdom from our rich heritage to enrich the course. Students
are further equipped with skills to enter the professional arena through modules in Dance Pedagogy, Dance Therapy, Dance Theory and Aesthetics as well as Arts Management. Student led projects in choreography, performance and pedagogy push them to research, design and execute their own projects, develop lesson plans and conduct classes, thus preparing them to undertake projects and jobs nationally and internationally.

**GRADUATION SHOW DAY 1**
9 August 2018 | 6.30pm
@Chowdiah Memorial Hall

**SHAPESHIFT ALLEY**
A site-specific promenade piece with over 50 dancers coalescing to create a pathway of shifting shapes and dynamics to mark the opening of the Body Matters – Move to Transform festival.
*Choreography: Jayachandran Palazhy
Music: Nikhil Nagaraj*

**Bharatanatyam**

**ALLARIPU**
(1st Year Diploma students)
Choreography: Minal Prabhu

**JATISWARAM**
(1st Year Diploma students)
Raga Kalyani and Rupaka Tala
Choreography: Rukmini Devi Arundale
(Additional choreography by Minal Prabhu)

**Keertanai on Lord Shiva**
(2nd Year Diploma students)
Choreography: Minal Prabhu
Music composition: Guru Murthy and Balasubramanya Sharma

**TILLANA**
(1st Year Diploma students)
Raga Brindavani, dedicated to Radha and Krishna
Choreography: Adyar K. Lakshman
(Additional choreography by Minal Prabhu)
Music: Madurai Krishnan
**Dust Storm**
*contemporary dance by 1st Year Diploma students*
Dust Storm explores the qualities of movements of the performers as a mass, and as if they are affected by a storm.

Choreography: Lucía Vázquez Madrid  
Original Music: Lehonidas Boskovec

**Lovebird**
*contemporary dance by 2nd Year Diploma students*
Inspired by the courting rituals of mating pairs of lovebirds and their keen attention to one another, dancers make a choreographic reflexion on the idea of being in love.

Choreography: Lucía Vázquez Madrid  
Original Music: Sleepy James
Kalarippayattu
(1st Year Diploma students)
Considered the mother of all martial arts, Kalaripayattu from Kerala, dates to thousands of years. It requires years of training and discipline to achieve expertise. The piece is a blend of Kalaripayattu and contemporary movements, achieving a perfect balance between the powerful strength of the former, and the graceful fluidity of the latter, with a focus on highlighting the movement qualities of different bodies while performing this art form.

Choreography: Sreerag

Picture: Rajkumar Samuel
BHINNA VINYASA & GRADUATION SHOW DAY 2
10 August 2018 | 6.30pm @Chowdiah Memorial Hall

PLAYSTATION
(1st Year Diploma students)
A site-specific piece in the foyer of Chowdiah Hall in which individuals exploring their identity in a games arcade via different body movements. 
Choreography: Anindita Ghosh

BHINNA VINYASA
(Attakkalari Dance Company)
After an extremely well received tour of Europe, China and India in 2017, Attakkalari is proud to present this enhanced version of Bhinna Vinyasa at Chowdiah before they embark on a tour across Canada and Spain in September & October 2018 with the support of the ICCR.
In an allegorical narrative alluding to human situations and predicament set in the times of migration, Bhinna Vinyasa mixes memory, experience and imagination of individuals caught up in tumultuous changes where locations and conditions are continuously shifting. Images of metaphysical journeys prompted by internal and

Picture: Marco Caselli Nirmal
external forces morph with the recollections of contemporary lived experiences where the archetypes, mundane and the imaginary coalesce to create the sensorial narrative of the piece. Mapping the fractured fragments of dreams, desires, hopes and stark realities in the context of migration, rapid urbanization and environmental shifts, Bhinna Vinyasa will lead you through an immersed visceral experience.

Artistic Director Jayachandran Palazhy and the brilliant dancers of internationally renowned Attakkalari Dance Company collaborated with Luca Brinchi (digital artist -Italy), Andrés Morte Terés (Dramaturge - Spain), Martin Lutz (composer- Germany) and esteemed Carnatic musicians - K R V Pulikeshi (Nattuvangam), Balasubramanya Sharma (Vocal), P Janardhana (Mridangam) to create the captivating visual and aural images of this production.

*Bhinna Vinyasa is co-produced by Attakkalari Centre for Movement Arts (Bangalore), Fondazione Fabbrica Europa (Florence) and TNQ Pvt Ltd. with the support of Ministry of Culture (Govt. of India) and Goethe Institute/Max Mueller Bhavan.*

*Picture: Marco Caselli Nirmal*
GRADUATION SHOW DAY 3
Saturday, 11 August 2018 | 6.30pm @Chowdiah Memorial Hall

Ashtavativukal
Inspired by the 8 essential motifs of animals on which Kalarippayattu is based on, this piece explore the quality of these movements and its variations employing bare body techniques and sticks.
Choreography: Jayachandran Palazhy with the 2nd Year Diploma Students who perform the piece.
Music: Nikhil Nagaraj

Picture: Rajkumar Samuel
**Homelandia**  
*(contemporary dance by 2nd Year Diploma students)*  
I am a land of contradiction, a culmination of history of my home, this land and its people - confluence of the chaos of the streets, comfort and security of the disorder around me - unwanted and unmet gazes, the fear of touch, conflict, intolerance, prejudice… extreme love, unconditional acceptance – five artists explore their perceptions of this country of contradictions.  
*Choreography: Maitreyee Joshi*

**Remains**  
*(contemporary dance by 2nd Year Diploma students)*  
Yearning for what’s gone - wanting what we don’t have - frustrated, but couldn’t do much but accept - 3 colleagues who find themselves caught amidst the daily grind of corporate drive, yet reminisce on lost dreams.  
*Choreography: Virendra Nishad*

**Mere Hone Pe Mujko Yakeen Aagaya**  
The piece reflects on 3 individuals stuck in an icky situation of their own doing. Certain responsibilities bind them down to the condition as it is, making it impossible for them to leave. Even as they trudge along, they realize they must make the best of what they have and through that tussle with reality, emerge with a stronger core.  
*Choreography: Chetan Yeragera*
Ground zero “S”  
(contemporary dance by 1st and 2nd Year Diploma students)

Inspired by the cataclysmic war in Syria, Ground zero “S” explores the specific moments in life, geography as well as the smog and colours of the atmosphere and the sky created by the bombs. Movement materials were generated from the recurring images of people running on the streets, bodies piled on the floor, marching of the soldiers, collapsed buildings and the surrounding smog from which the. Choreographer’s attempt is to bring these emotions and feelings to the audience through dance and theatrical devices.

Artistic director and choreographer: Stefano Fardelli  
Music: Original scores by Ólafur Arnalds, Hans Zimmer, Max Cooper & Zack Hemsey

The project is part of the EurAsia Dance Project, an International Network directed by Stefano Fardelli, supported by Istitito Italiano di Cultura, Mumbai.  
Picture: Rajkumar Samuel
TRAINING OPPORTUNITIES AT ATTAKKALARI

Auditions for the Diploma in Movement Arts & Mixed Media Batch of 2018-19 is now open for talented dancers with keen interest in dance education led by international and Indian faculty. Attakkalari Mobile Academy travels across India to share skills and knowledge to meet the increasing demand from universities, corporates and other organizations. Community Dance Programme helps you discover freedom through movement, energize the body, lose weight, stay flexible; improve posture, balance, flexibility, strength, memory and cognition. Sankshipta, a 3-month certification course in Contemporary dance and allied disciplines, is specially designed to meet the needs and interests of working professionals and full-time students. Schools Connect Programme is developed to engage school students between age 3 to 17 years. For details contact: <education@attakkalari.org>

Attakkalari India Biennial 2019 (1-10 Feb 2019), India’s largest and most important festival for Contemporary Dance, showcasing acclaimed and emerging dance artists from across the world.

Attakkalari Centre for Movement Arts is the lead organization in contemporary dance in India today. Driven by its moto ‘Traditional physical wisdom, Innovation and Technology’, Attakkalari conducts many interconnected initiatives in dance and allied fields. For details visit: www.attakkalari.org
## SCHEDULE AT A GLANCE

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<td>8 Aug 2018, Wed</td>
<td>Arts Education Summit</td>
<td>9:30 am - 4:30 pm</td>
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<td>9 Aug 2018, Thu</td>
<td>Graduation Show Day 1</td>
<td>6:30 pm</td>
<td>Chowdiah Hall</td>
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<td>10 Aug 2018, Fri</td>
<td>Bhinna Vinyasa by Attakkalari Dance Company &amp; Graduation Show Day 2</td>
<td>6:30 pm</td>
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<td>11 Aug 2018, Sat</td>
<td>Graduation Show Day 3 &amp; Convocation of Diploma</td>
<td>6:30 pm</td>
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Venue details:
**NGMA**: #49, Palace Road, Manikyavelu Mansion, Bengaluru - 560052
**Chowdiah Memorial Hall**: 16th Cross, Malleshwaram, Vyalikaval, Malleshwaram, Bengaluru - 560003

Tickets available at **Attakkalari** & online on **Bookmyshow** & **EventsHigh**. Tickets also available at **Chowdiah Hall** from 9 to 11 August, 2018 | 5pm onwards.
For details, call 09972950973 / 080 41467690

E: projects@attakkalari.org

**Supported by:**

[Instituto Italiano di Cultura](https://www.italianculture.org)
**Institut für Zeitgenössischen Tanz**
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**Spanish Cooperation**

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